

October 2025

Happening at the Hub



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Oct

Getting Ready for Employment

Come to the Hub each week to get help finding a job. An employment counsellor will support you one-on-one.

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Oct

Self-Care Made Simple

Discover the benefits of practicing self-care and learn easy and free ways to start practicing self-care in your daily life.

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Oct

Work Ready Wednesday

Join us for free support to help get job-ready! Our team can help you find local jobs, work on your resume, write a cover letter & explore careers in growing industries.

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Oct

Financial Success & Well-Being Sessions

Join us for two simple sessions on **budgeting** and **fraud protection**. Learn easy tips to create a budget that works for you and how to protect yourself against fraud.

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Oct

Getting Ready for Employment

This bi-weekly drop-in service at the Hub connects you with an employment counsellor for personalized support in your job search.

SCAN ME



Services Available Every Wednesday at the Hub

**Employment Counselling
& Job Search Support**
from 10 a.m. to 12:30 p.m.

Housing Support Program
from 1 p.m. to 3 p.m.